



SACRED HEART OF JESUS & ST. PETER THE APOSTLE

356 London Road, Waterlooville, PO7 7SR
Catholic Diocese of Portsmouth Registered Charity no. 1199568

Parish Priest: Rev. Mgr. Canon Jeremy Garratt
023 9226 2289 office@waterlooville-catholic.org.uk
Assistant Priest: Rev. Fr. James Lewis
023 9226 2289 office@waterlooville-catholic.org.uk



The Presbytery, 356a London Road, Waterlooville, Hants PO7 7SR
www.portsmouthdiocese.org.uk/parishes/

1 / 2 March 2025

Eighth Sunday in Ordinary Time

This weekend we welcome Canon John Cooke!

Canon John, who is the Diocesan Vocations Promoter, will be visiting our parish this weekend to celebrate Masses and reflect on Vocations.

The weekend will begin with a special Mass on Saturday 1 March @ 12.30pm followed by a pizza lunch for our parish's amazing young people, who serve in our church community as readers, altar servers and youth advisors. Fr. John will be on hand to give each of us pointers on how we can work out what God is calling us to be and do in our lives and he reminds us that there is no such thing as a silly question with a priest!

Fr. John will be joining us for our monthly Guided Adoration, Praise & Worship and Confession hour @ 5pm on Saturday.

Fr. John will assist Fr. Jeremy at the Saturday 6.15pm Mass and the Sunday 10.30am Mass with Fr. James, before giving our clergy the Sunday evening off and celebrating the evening Mass alone.

And if all this isn't enough – you can still venture down the local for our new initiative 'Think & Drink' after the Sunday 6.30pm Mass!



FRAUD

Ever been scammed!

More and more people are succumbing to ever more sophisticated scams. Elderly people are particularly vulnerable and several of our parishioners have been victims and lost precious savings. Come and learn some tips for recognizing scams and avoid being caught. John and Nina McCormack have been on a course and will share insights at coffee after the 10.30am Mass this Sunday.

Preparation for this Sunday's Mass - Hymns

For those attending the 10.30am Sunday Mass at Sacred Heart, if you would like to familiarise yourself with the hymns in advance of the service please follow the links below:

- Processional – All my days (Beautiful Saviour) www.youtube.com/watch?v=RSm6fdZH15Q
- Gloria - www.youtube.com/watch?v=WCjLXgmZsd0
- Offertory – I the Lord of Sea and Sky www.youtube.com/watch?v=X_v9JKi4Ajo
- Communion – Speak O Lord www.youtube.com/watch?v=aH1Wn4fTiBs
- Communion – Lord for tomorrow and its needs www.youtube.com/watch?v=p9XMj9jrL6s
- Recessional – Give thanks with a grateful heart www.youtube.com/watch?v=5waffTnMH6g

Sacred Heart Lent Programme 2025

Lent is a season in the Church's calendar when we're invited, for 40 days, to find time for prayer and fasting. It's an opportunity for spiritual growth as we prepare to commemorate the suffering and death of Jesus Christ and the celebration of his resurrection at Easter. These 6 weeks mirror the amount of time that Jesus spent in the desert to fast and pray.

At Sunday Mass the following differences are observed to mark the change of season:

- the entrance procession is silent
- we kneel for the Penitential Rite
- the penitential rite is the triple trope formula
- there is no Gloria
- there are no Alleluias
- the Mass prayers are recited on a monotone
- the Apostles' Creed substitutes the usual Nicene Creed
- one of the Eucharistic Prayers for Reconciliation is used
- We use the English Plainchant settings from the Missal for the Holy, holy and Lamb of God
- there is an extra Prayer Over the People after Communion.

There are **no floral arrangements** as it is a penitential season.

There are **no Baptisms** as it is a season of preparation for Baptism.

Fr. Jeremy and Fr. James will be celebrating an extra **Mass at 7.30am** Monday to Friday excluding Tuesday (*please check newsletter on a weekly basis*). *If you would like to book a Mass for a loved one, occasion, private intention or thanksgiving during this time please contact Lisa at the Presbytery to arrange. Mass Offering envelopes can be found in the narthex.*

HAVANT PASTORAL AREA STATION MASSES (Tuesdays)

6pm – Adoration & Confession	11 March at St. Colman's
7pm – Mass	18 March at St. Joseph's
8pm - Supper	25 March at St. Edmund
	1 April at St. Michael & All Angels
	8 April at St. Patrick

STATIONS OF THE CROSS

Saturdays of Lent @ 5pm

The Stations of the Cross are a 14-step Catholic devotion that commemorates Jesus Christ's last day on Earth as a man. The 14 devotions, or stations, focus on specific events of His last day, beginning with His condemnation.

The stations are commonly used as a mini pilgrimage as the individual moves from station to station. At each station, the individual recalls and meditates on a specific event from Christ's last day. Specific prayers are recited, then the individual moves to the next station until all 14 are complete. The stations are most commonly prayed during Lent, especially on Good Friday, the day of the year upon which the events actually occurred.



Catholic Agency for
Overseas Development

CAFOD Lent Fast Day – Friday 14 March

Please donate to our Family Fast Day parish collection and be a pilgrim of hope with CAFOD this Jubilee Year! You'll be supporting communities experiencing the impacts of war, poverty and climate change to find solutions and hope. Please use the CAFOD envelope in church or donate online

www.cafod.org.uk/envelope You can always call on 0303 303 3030 and even text CAFODLENT to 70085 to donate £10.

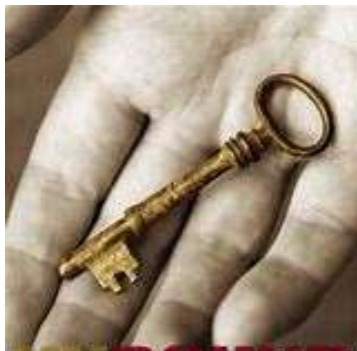
This QR code will take you straight to CAFOD's virtual envelope where you can make your donation →



The big Lent Walk

Jo Lewry invites you to join CAFOD's Big Lent Walk: 200km in 40 days.

By taking on the challenge of walking 200km in 40 days of Lent, you will be part of a massive team supporting people as they overcome poverty. We are incredibly excited about the Big Lent Walk 2025 and would love you to join us as we walk, run, roll or stroll 200km in the 40 days of Lent. The money you raise by taking part in the Big Lent Walk helps CAFOD support families in extreme poverty around the world. Find out more and sign up: www.cafod.org.uk



UNBOUND
A Practical Guide to Deliverance
NEAL LOZANO
FOREWORD BY JOHN LEECH SANDFIELD

Lent Book and Station Masses

This Lent, our shared book for our Pastoral Area is UNBOUND, by Neil Lozano. It's chapters will form the background and reflection for each of the Station Masses on Tuesdays in Lent.

'As a teacher on deliverance, Neal Lozano knows that many believers struggle with the same sin areas time after time. Yet victory can be as simple as tapping into the potent power of the gospel. By focusing on Jesus and his work, rather than on the intimidating aspects of evil spirits, readers can reset their mindset about their spiritual struggles'. (Amazon review)

Unbound is available from Amazon for £9.54 as a new paperback (from £5.64 used). It is free on Kindle Unlimited and Audiobook as a trial. Other suppliers are available!

Neal Lozano (born 1949) is a non-fiction author who has run a deliverance ministry for over 35 years. He currently serves as a senior coordinator of the House of God's Light, an interdenominational Christian community which he has pastored for thirty years.

For those who have read the book, there will be an opportunity for Individual Ministry on Palm Sunday weekend – Details to follow.

Havant Pastoral Area

Sacred Heart & St Peter the Apostle



356 London Road, Waterlooville PO7 7SR
Fr. Jeremy Garratt & Fr. James Lewis
Administrative Lead: Susan Siou
023 9226 2289
office@waterlooville-catholic.org.uk

St Edmund



Napier Road,
Horndean PO8
9LR

Fr. Jeremy Garratt & Fr. James Lewis
Secretary: Yvonne Hands
023 9259 3010
office@stedmundhorndean.org.uk

St Patrick



Manor Road,
Hayling Island
PO11 0QU

Fr. Mark Whiting
023 9246 3854
haylingisland@portsmouthdiocese.org.uk

St Michael & All Angels



437 Dunsbury
Way,
Leigh Park PO9
5BD

Canon Gerard Flynn
Secretary: Ellen McCarthy
023 9248 4323
office@stmichaelsleighpark.org.uk

St Joseph



134 West St, Havant
PO9 1PL

Fr. Joe Gruszkiewicz
Office & Hall Bookings: Vicky McGuigan
023 9248 4520
office@rchavant.com

Ss Thomas



24 New Brighton Road,
Emsworth
PO10 7PS

Fr. Joe Gruszkiewicz
Parish Administrator: Vicky McGuigan
023 9248 4520
office@rchavant.com

St Colman



St Colman Ave, Cosham
PO6 2JJ

Fr. Andrew Wagstaff
Administrator: Zia Collins 023 9237 6151
scsp@portsmouthdiocese.org.uk

St. Paul



Allaway Avenue,
Paulsgrove PO6 4DJ

Fr. Andrew Wagstaff
Administrator: Zia Collins 02392 376151
scsp@portsmouthdiocese.org.uk

Havant Pastoral Area Webpage

Our local webpage, covering the worshipping communities of the Havant Pastoral Area, can be found here: www.portsmouthdiocese.org.uk/parish/havant-pastoral-area/ The page features a calendar of Masses throughout the whole Pastoral Area for the current month, regularly revised as necessary. There is also a schedule of events across the Pastoral Area as well as a page for each community. A link to the livestream channel can be found on the Sacred Heart page under the Dona link button.

Rosary in Havant Pastoral Area

Monday: St. Michael and All Angels, Leigh Park after 10am Mass.

Tuesday: St. Patrick's, Hayling Island at 10am before Mass.

Tuesday: Sacred Heart of Jesus and St Peter the Apostle, Waterlooville, 6.45-8.15pm ***Not Tuesday 11 March.**

Monday to Wednesday: St. Thomas More's school chapel, Bedhampton, 8.15am.

Tuesday to Thursday: St. Thomas More's school chapel, Bedhampton, 3pm to pray the Divine Mercy Chaplet.

Third Thursday of every month: St Josephs & St Thomas' at St. Joseph's church, Havant at 3pm.

Liturgical fortnight

DATE	TIME	LITURGICAL CELEBRATION	VENUE	SACRED HEART MASS INTENTION
Saturday 1 March ST DAVID, Religious, Bishop, feast	12.30pm 5-6pm	Mass Guided Adoration, Praise & Worship and Confession	Sacred Heart Sacred Heart	For Vocations
Vigil 8th SUNDAY IN OT	6.15pm	Mass	Sacred Heart	Madeleine Cunningham, RIP
Sunday 2 March EIGHTH SUNDAY IN ORDINARY TIME	9.30am 10.30am 4pm 6.30pm	Mass Mass Mass Mass	St Edmund Sacred Heart QA Hospital Chapel Sacred Heart	John Merriman, RIP Holy Souls
Monday 3 March Feria [8 th Week in OT]	7am 7.30am	Adoration Mass	Sacred Heart Sacred Heart	Mary Humphries, RIP (FM)
Tuesday 4 March Feria [8 th Week in OT]	6.30pm 7pm 6.45-8pm	Adoration Mass Rosary Group	St Edmund St Edmund Sacred Heart	
BEGINNING OF THE SEASON OF LENT				
Wednesday 5 March ASH WEDNESDAY	7am 7.30am 11.30am 12noon 6.30pm 7pm	Adoration Mass with Ashes Adoration Mass with Ashes Adoration Mass with Ashes	Sacred Heart Sacred Heart Sacred Heart Sacred Heart St Edmund St Edmund	Mick Woodgate, RIP Dolores Payne, RIP
Thursday 6 March After Ash Wednesday	7am 7.30am 9.15am 10am	Adoration Mass Stations of the Cross Mass	Sacred Heart Sacred Heart St Edmund St Edmund	
Friday 7 March After Ash Wednesday	7am 7.30am 9.30am 10am	Adoration Mass Adoration Mass	Sacred Heart Sacred Heart Sacred Heart Sacred Heart	Holy Souls Patricia Sheppard, RIP (FM)
Saturday 8 March After Ash Wednesday Vigil FIRST SUNDAY OF LENT	5-6pm 6.15pm	Stations of the Cross & Confession Mass	Sacred Heart Sacred Heart	Joe & Teresa Siou, RIP (FM)
Sunday 9 March FIRST SUNDAY OF LENT	9.30am 10.30am 4pm 6.30pm	Mass Mass Mass Mass	St Edmund Sacred Heart QA Hospital Chapel Sacred Heart	People of the Parish Margaret Black, RIP
Monday 10 March Of the 1 st Week of Lent	7am 7.30am	Adoration Mass	Sacred Heart Sacred Heart	Diane Craig, Intention
Tuesday 11 March Of the 1 st Week of Lent	7am 7.30am 4.30pm 6pm 7pm	Adoration Mass Reception of body into Church Adoration & Confession HPA Station Mass	Sacred Heart Sacred Heart Sacred Heart St Colman St Colman	Holy Souls
Wednesday 12 March Of the 1 st Week of Lent	7am 7.30am 11am	Adoration Mass Funeral Mass	Sacred Heart Sacred Heart Sacred Heart	Holy Souls Maria Carmen Martin, RIP
Thursday 13 March Of the 1 st Week of Lent	7am 7.30am 9.15am 10am 1pm	Adoration Mass Stations of the Cross Mass Funeral Mass	Sacred Heart Sacred Heart St Edmund St Edmund Sacred Heart	Holy Souls Mary Harrington, RIP
Friday 14 March Of the 1 st Week of Lent	7am 7.30am 9.30am 10am	Adoration Mass Adoration Mass	Sacred Heart Sacred Heart Sacred Heart Sacred Heart	Holy Souls Maureen Casey, RIP
Saturday 15 March Of the 1 st Week of Lent Vigil 2ND WEEK OF LENT	9.30am 10am 5-6pm 6.15pm	Adoration Mass Stations of the Cross & Confession Mass	St Edmund St Edmund Sacred Heart Sacred Heart	Beryl Hill, RIP
Sunday 16 March SECOND WEEK OF LENT	9.30am 10.30am 4pm 6.30pm	Mass Mass Mass Mass	St Edmund Sacred Heart QA Hospital Chapel Sacred Heart	Deceased members of the White family People of the Parish

Baptism into the life of Jesus and the Church

We welcome into the family of the Catholic Church, Felix & Finley Yung-Hok, who will be baptised this weekend. Please pray for Felix and Finley, their parents, Godparents and families, that God will bless and guide them through the journey of life.

Certificate in Catechesis

The Dominican Sisters of St Joseph in Lymington are offering a 2-year Certificate in Catechesis to equip parish catechists, parents, and grandparents to transmit the Catholic faith to others. This Certificate is approved by the Bishop's Conference, and offers a formation developed from the 2020 Directory for Catechesis, relevant to the pastoral context we face in our parishes. It is delivered **online in weekly sessions** with notes, recordings, and presentations made available to the students. It is comprehensive in its overview of the Catechism of the Catholic Church, and in its practical application to all forms of catechesis. **2 in-person days** are offered each year to build up the students community and fellowship in faith. To begin your studies in September 2025 use this link www.lightoftruth.uk/certificate

News from St. Peter's School...



Richard Cunningham, Headteacher writes... **Year 4's Great British Quiche Off Day!**

What an exciting day Year 4 pupils had at school for our Great British Quiche Off! The children had a fantastic time sampling and taste testing a variety of delicious quiches, scoring them based on flavour and presentation. They also enjoyed creating beautiful salads and working collaboratively to make a special group quiche for our esteemed staff judges Mrs Knight and Madame Moncorger.

Throughout the day, our budding chefs learned valuable skills such as chopping, slicing, and grating, using the safe bridge and claw techniques to cut, slice, and dice vegetables with confidence. A huge well done to all of the children for their enthusiasm and creativity, and a special thank you to all the volunteers who helped make the day a success. Congratulations to our Year 4 Star Bakers: Joshua, Sophie, Seb, and Ellodie, who worked brilliantly together as a team!

Oaklands School Community Mass

The next Community Mass at Oaklands School will be on Friday 7th March at 8.00am.

We will celebrate this early morning Mass in our Chapel and are extending a warm welcome to the wider Catholic community. The celebration will finish around 8.30am. If you are unfamiliar with the school layout and location of the chapel, the entrance can be found to the left-hand side of the White House. We look forward to seeing you.

Calling All Teens! - The NEXUS Experience

Every 3rd Sunday of the month we will be hosting a special **Youth-Led Mass** at Sacred Heart at 6.30pm with songs and music loved by our young people. This will be followed by fellowship and fun for Years 10-13 ending with night prayer and depart at 9pm. See the poster later in the newsletter for further details. Next session Sunday March!

Think & Drink

Join us for a new initiative embracing faith, fellowship and fun for young adults (18+). Gathering in the Narthex at Sacred Heart Church after the 6.30pm Mass on the first Sunday of every month and walking across to the Woodpecker Pub on London Road. Next session Sunday 2 March.

Alpha Courses Spring 2025

Havant Pastoral Area Evangelisation Team will be delivering Alpha courses in the coming months:

St Patrick's, Hayling Island on Monday evenings from Monday 10 March, 7- 9 pm
St Colman's, Cosham on Wednesday nights from 19 March, 7-9 pm



The sessions will be for 11 weeks. Each evening begins with a delicious hot meal and opportunities for developing new friendships. This is followed by an engaging presentation on the Christian faith and the opportunity, in small groups, to share your thoughts and raise questions in a supportive and non-judgemental environment. If you haven't done Alpha before and feel this could be a good opportunity for you, please contact:

St Patrick's Hayling Island alpha.hayi@portsmouthdiocese.org.uk

St Colman's, Cosham alpha@waterlooville-catholic.org.uk

Don't miss out! Places are limited... If after a couple of sessions, you're not enjoying it, there is no obligation to continue.

Please pray for those who need our prayers...

We pray for those who are ill in mind and body. May they find comfort and hope in the tender love of Jesus. We also pray for those who care for them, that they may be blessed with the gifts of gentleness and patience.

Amare Memoriae

We pray for the rest and peace of the souls of Maria Carmen Martin, Mary Harrington and Peter Watkinson who have died recently. Please remember in your prayers their family and friends at this very difficult time. Peter was a parishioner at Sacred Heart until he moved to Torquay in 2022. Peter's sister called to give us the news and confirmed that his funeral will be in Torquay in the coming weeks.

Eternal rest grant unto them, O Lord, and let perpetual light shine upon them.

Guided Adoration, Praise & Worship and Confessions

This Saturday (1 March) 5-6pm

An hour of guided Adoration including the Sacrament of Reconciliation. If you have never experienced Adoration before or haven't been to Confession for a while, why don't you make the most of this wonderful opportunity.



Knit & Natter

First Saturday of each month from 4-5pm in the church narthex. Everyone is welcome. Just bring along your wool and knitting needles. Tea, coffee and biscuits will be provided. Why not stay for Guided Adoration and Praise & Worship which will begins at 5pm!



Team Clean!

Remember that Cleanliness is next to Godliness. Why not join the 'Team Clean' to ensure His house is always clean and tidy. This happens on a Monday morning between 09.00-10.00 hours. Give it a try - the Team are very friendly bunch.

The Tuesday Club

First and third Tuesdays of each month 2-4pm. If you have never attended before but fancy turning up for a cuppa and a chat, just come along. Any questions – please give Trish a call on 07947 611699.



The Union of Catholic Mothers

The ladies meet on the first and third Wednesdays of every month @ 1.30pm in the Parish Centre. Everyone welcome – just pop along!

World Day of Prayer 2025

This annual event is being held at Sacred Heart on Friday 7 March @ 2pm. The service this year has been prepared by the women of the Cook Islands. We are very fortunate to have an ecumenical group committee from 10 churches in the local area as we come together once a year to celebrate. The service of readings and hymns lasts about an hour and is followed by refreshments – **All very welcome!**

Admittance to Hospital?

When a Catholic is admitted to hospital, the family should ensure that the Catholic Chaplaincy is contacted so that appropriate support can be given. It is suggested that the patient have a note to give to hospital staff on admission, notifying staff that they are Catholic and would appreciate the Catholic Chaplaincy service. This could be followed up by a telephone call from the family to the ward to ensure the request is actioned. When a person is due to go into hospital, please also let your parish priest know so that he can administer the Sacrament of the Sick where appropriate.

Mass Intentions

You can email Lisa at the presbytery regarding Mass Offerings and indeed any questions or queries about booking Masses on intentions@waterlooville-catholic.org.uk Suggested donation £10.

Our Newsletter

All news items and forthcoming events to the parish secretary office@waterlooville-catholic.org.uk by 2.30pm on Wednesday for inclusion in the next issue. We reserve the right to edit any articles prior to publication due to space. Articles may not be published immediately and may be held in reserve for future use. If you would like to receive a copy via email please contact Sue.

Payments to Sacred Heart

If you would like to make a donation to the parish there are several ways to do this:

- *Cheque made payable to 'CDP Waterlooville Sacred Heart'*
- *'Donate with Dona' button on our Webpage*
- *Online payments in church using the Dona machine [by the Sacristy]*
- *BACS: Lloyds bank account 01861043, sort code 309304, CDP Waterlooville Sacred Heart*

Please consider - Gift Aiding your donation

As a charity we can get tax relief which allows us to reclaim an extra 25% in tax on every eligible donation made by a UK taxpayer. Claiming Gift Aid on donations made by parishioners means we can claim from the government 25p for every £1 you give, at no extra cost to you! Please consider completing a Gift Aid Declaration form today. There are forms available in the narthex or on request by emailing Yvonne on accounts@waterlooville-catholic.org.uk

Job Vacancies and Volunteering Opportunities

CATHOLIC DIOCESE OF PORTSMOUTH

Looking for a new opportunity?

Please visit <https://www.portsmouthdiocese.org.uk/about-us/other/jobs> on the Diocesan website.

CAFOD SCHOOL VOLUNTEERS NEEDED

Do you enjoy working with children and young people? Could you help to inspire and empower children and young people in your local Catholic schools by delivering an assembly or a workshop? Supported by CAFOD with training and all resources provided please consider the role of CAFOD school volunteer. For more information contact Jo Lewry jlewry@cafod.org.uk or phone 07710 094447.

OAKLANDS CATHOLIC SCHOOL & SIXTH FORM COLLEGE

Science Technician

Part time, 25 hours per week, Term-time only, 40 weeks per year

The Trustees of the Edith Stein Catholic Academy Trust (ESCAT) are seeking to appoint a Science Technician to join our hardworking, committed and enthusiastic team. The position is a pivotal part of the delivery and support of the curriculum to enable the high standard of teaching and learning in the School and Sixth Form College. The successful candidate will be responsible for providing day to day technician support to facilitate pupils' and teachers' curriculum needs in the science department. The role will require the successful candidate to liaise with the Teachers and Heads of Department as well as other members of the support staff. Previous experience of working in a science laboratory will be an advantage.

The successful applicant will be highly organised and possess good interpersonal skills. A high level of practical skills, technical knowledge and organisation ability are also essential. In return we offer an excellent salary and benefits package, the prospect of working for a valued organisation which is committed to educational excellence, the skills and resources to share best practice, plus a supportive and dedicated staff and senior team.

Closing date: Sunday 16th March, 5pm

Interviews: During week commencing 17th March 2025

Further details related to the position can be found in the Application Pack on our website at <https://www.oaklandscatholicsschool.org/staff/vacancies/>

Contact us...

Administrative Lead:

Susan Siou

office@waterlooville-catholic.org.uk

023 9226 2289

Monday 10am-12.30pm,

Tuesday-Thursday 10am-3pm

Mass Offerings, Invoicing & Housekeeping:

Lisa Wingrove-Cross

Intentions@waterlooville-catholic.org.uk

023 9226 2289

Monday 10am-3pm,

Thursday & Friday 10am-4pm

Parish Centre Coordinator:

Angela McLaughlin

023 92 92 9348

parishcentre@waterlooville-catholic.org.uk

Parish Safeguarding Representative:

Liz Holford

safeguarding@waterlooville-catholic.org.uk

Accounting & Gift Aid:

Yvonne Hands

accounts@waterlooville-catholic.org.uk

GDPR Representative:

Pam Hales

gdpr@waterlooville-catholic.org.uk

Pastoral Area Alpha:

Pauline Snook

alpha@waterlooville-catholic.org.uk

Altar Servers:

Jim Hordell

altarservers@waterlooville-catholic.org.uk

EMHC Coordinator:

Joy Hastilow

Until a diocesan email address can be organised for Joy, please use this email:

specialministerssacredheart@gmail.com

Parish Health & Safety Representative:

[C/O The Presbytery for the time being](#)

Calling young people in Years 10-13



You are invited to...

NEXUS

6.30pm Youth Led
Mass

7.30pm Food,
fellowship and FUN!

8.30pm Night Prayer

9.00pm Home

3rd Sunday of the month



Starting on Sunday 19th January

Sacred Heart Church,
365 London Road
Waterlooville

Please email if you are coming and if you have any dietary requirements.
jlewis@portsmouthdiocese.org.uk