

The Catholic Community of St Michael and All Angels, Leigh Park

437, Dunsbury Way, Leigh Park, Havant, Hampshire, PO9 5BD, 023 9248 4323

Catholic Diocese of Portsmouth charity number 1199568

Priest Canon Gerard Flynn, The Presbytery, 83, Bramdean Drive, Leigh Park, Hants, PO9 4RR

gerardflynn@portsmouthdiocese.org.uk

Deacon Rev. Nick O'Neill noneill@portsmouthdiocese.org.uk

Parish Secretary Ellen McCarthy office@stmichaelsleighpark.org.uk

Safeguarding Ministry: 023 9248 4323 safeguarding@stmichaelsleighpark.org.uk

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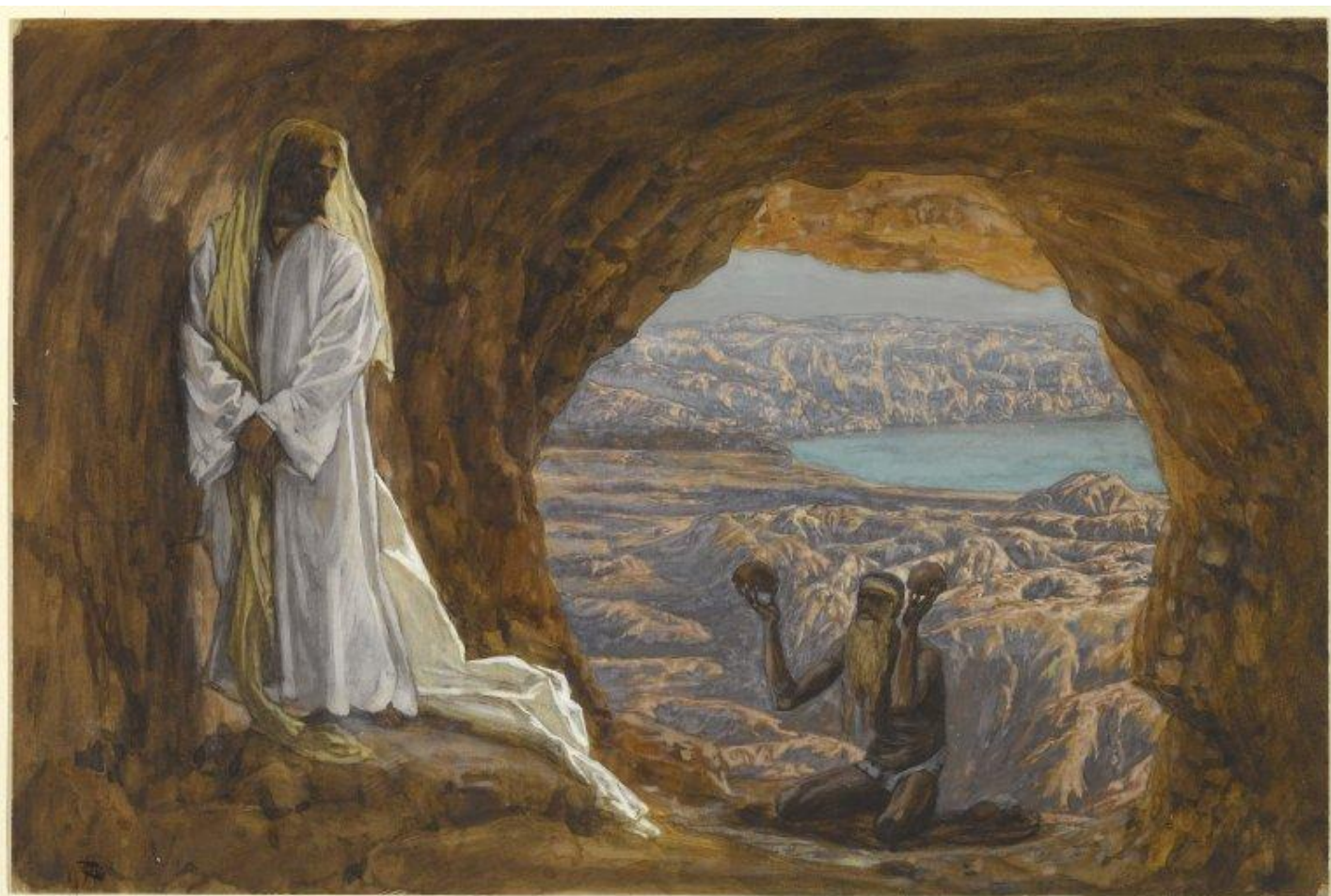
Our Website: <https://www.portsmouthdiocese.org.uk/parish/st-michael-and-all-angels-leigh-park/>

9th March 2019, the First Sunday of Lent, Year C, the Year of Luke

Parish Mass Book: pages 153 Prayer of the Church: Week 1

Deuteronomy 26:4-10 *The Israelites, offering their first fruits, recognise all that God had done for them in the past, especially in the Exodus. Our worship of God recognises God's favours to us.*

Romans 10:8-13 *The core of the Christian Credo is that Jesus is our Risen Saviour. Anyone who can say that, and live by it, will be saved.*



Jesus Tempted in the Wilderness by [James Tissot](#)

Luke 4:1-13 *Jesus was tempted, as we are, but did not sin. Through his grace we too can resist temptation and overcome sin.*

Lenten Prayers of the Faithful

Our response to *Let us pray to the Lord: Create a new spirit within us, O Lord.*

Our Liturgies

Local Mass times are published at:

[Havant Pastoral Area - Catholic Diocese of Portsmouth](#)

Reconciliation: in the half hour prior to Mass.

8th March Saturday after Ash Wednesday

6 pm Mass for the Parish

9th March First Sunday of Lent

10 am Mass Wendy Mayhew RIP

Monday 10th March First Week of Lent

Tuesday 11th March First Week of Lent

at St Colman's, Cosham

6 pm Reconciliation

7pm Mass for the people of the Parish

Wednesday 12th March First Week of Lent

10 am Mass Christopher Messenger
followed by Adoration

Thursday 13th March First Week of Lent

Friday 14th March First Week of Lent

10 am Mass Audrey Meehan RIP

Saturday 15th March First Week of Lent

5 pm Reconciliation

6 pm Vigil Mass Martis Family intentions

16th March Second Sunday of Lent

10 am Mass intentions of Pat Szulimowski
(Aunty Pat) & Kath Sadler

The Catholic Grandparents Association will meet on Tuesday 11th March at 10 am at St Michael's. New members are always welcome.

Prayer partners needed We need just a few more parishioners to pray daily for our First Holy Communion candidates. You might also pray with your partner directly after Sunday Mass, when the opportunity arises. If you could help please email Canon Gerard: gerardflynn@portsmouthdiocese.org.uk

Easter Raffle

Tickets are on sale.

We would be most grateful for prizes, please!

Patience is needed with everyone but first of all with ourselves.

St Francis de Sales (1567-1622)

A thought for Lent *The more zealous we are in trying to please God, the more God will give us a deep interior peace of soul. We should suspect as a temptation from the evil one, when we find ourselves worried or anxious or disturbed, no matter how pious the source of the worry or anxiety may be. The key to applying this principle is that, before God, I honestly want to do God's will even though through weakness, I may fail to live up to my resolutions. One basic virtue on which we should daily examine ourselves is peace of soul. We should ask ourselves, "Have I given in to worry or anxiety?" "Have I allowed myself to get discouraged?" A good practice is to pronounce the name, "Jesus," when we find ourselves getting despondent, or say some short aspiration like, "My Jesus, I trust in you," whenever we become dejected over something.*
Fr. John Hardon, S.J

Towards one Parish We thank Val Duke and Martin Mengham-Smith for their thoughts last Sunday. Matthew Dyer now shares his impressions: *February's Havant Synod was an informative day, providing an update on the progress of the 10 Year plan implementation. Havant Area is regarded as making great progress. The key focus of the day was a new Parish name. The name isn't to incorporate individual church names, which will remain, signifying the Church Communities within the new Parish. Presentations of potential names were given. We split into groups to discuss and reflect on what was shared. Reflecting personally, of the suggestions so far, two which really struck a chord: The Living Waters, and Paraclete. No decisions have been made; the intention is for further consultation, and further opportunity for people to put their ideas forward. If you feel able, please become involved in choosing a New Parish name.*

The Gift Aid return has been completed for Q2 2024 - 25 and we have claimed £1652.06. Q1 benefited us by £1473.16. Our thanks to Victoria Parvin for helping our parish funds accrue £3125.22. If you wish to pay Gift Aid with your donations, and are a UK taxpayer, please ask for the simple form.

Lent supplement

Becoming and being Catholic

Announcing five meetings directly after Sunday Mass in Lent on 9th, 16th, 23rd, 30th March & 6th April lasting no more than forty minutes. You should be home in good time for Sunday lunch.

We will reflect with music, art and Church teaching. Everyone is very welcome.

We will reflect on these themes:

Who is Jesus?

Who speaks with authority?

Who is Mary, Mother of God?

What is the Eucharist?

Why do we speak of **Holy** Week?

Station Masses

On Lent Tuesdays we celebrate one Pastoral Area Mass, at 7 pm, preceded by Reconciliation at 6 pm and followed by fellowship & refreshment:

Tuesday 11th March St Colman's

Tuesday 18th March St Joseph's

Tuesday 25th March St Edmund's

Tuesday 1st April St Michael's

Tuesday 8th April St Patrick's

On Lent Saturdays we celebrate Reconciliation at 10 am at St Michael's.

Ecumenical Lent & Holy Week

Stations of the Cross Fridays at 6 pm

7th March St Michael's - Fr Gerard

14th March St Clare's - Fr Jonathan

21st March St Michael's - Mother Jill

28th March St Francis - Fr Jonathan

4th April St Michael's - Fr Gerard

11th April St Clare's - Mother Jill

Palm Sunday 13th April 9.30 am Liturgy of Palms at Leigh Park Library
10 am Welcome at St Michael's prior to Mass and Eucharist at St Michael's & St Francis
6 pm Seder Meal for Passover at St Clare, Warren Park

Cafod is for almsgiving! **CAFOD Lent Fast Day** is on 14th March. Tim Collins & Matthew Dyers will speak at this weekend's Masses. The **CAFOD Big Community Sponsored Walk** between St Michael's and St Joseph's Churches is on Saturday 22nd March from 11 am-12.30 pm, directly after our First Holy Communion lesson. If you and your family wish to join in please contact Maureen Thomson on mthompson@cafod.co.uk or speak to Julia Corps.

Do You Want To Fast This Lent? in the Words of Pope Francis...

- Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and have trust in God.
- Fast from complaints and contemplate simplicity.
- Fast from pressures and be prayerful.
- Fast from bitterness and fill your hearts with joy.
- Fast from selfishness and be compassionate to others.
- Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.

