

CATHOLIC COMMUNITY OF ST COLMAN, COSHAM WITH ST PAUL, PAULSGROVE

The Catholic Diocese of Portsmouth
Bringing people closer to Jesus Christ through His Church



02392 376151 scsp@portsmouthdiocese.org.uk 07555 182118

www.portsmouthdiocese.org.uk/parish/st-colman-and-st-paul/

Priest in charge: Fr Andrew Wagstaff Seminarian Farvin Gonsalves

Parish Administrator: Mrs Zia Collins

Parish Office: The Presbytery, St Colman's Avenue, Cosham PO6 2JJ

Sunday 9 March 2025 : First Sunday of Lent

Lent is a time of prayer, fasting and almsgiving (charity). Many of us will find that we save money over the next few weeks as a by-product of our fasting: we might also think about how we could put aside a little more of our resources than usual to help to poorest in our world. This Friday is the Lent CaFOD Family Fast Day: we have an appeal after Mass this weekend. Please take an envelope to bring back next Sunday, when we will have a second collection for CaFOD. Please consider contributing to the local food banks as well: there is a note on the back from Noel Hogg.

FIRE SAFETY: Please do not use the candles from our Lady's candle stand at the Sacred Heart candle stand, or vice versa. Each is designed to take its own candles. Please use the candle stands responsibly, or we may have to remove them under pressure from fire safety inspectors.

Times of Mass this week				Mass Intentions
Saturday 8 March	6pm	St Colman	Lent I	Janet Lentieul ints
Sunday 9 March	9:30am	St Colman	Lent I	Nicholas Webb RIP (FM)
	11:30am	St Paul	Lent I	Pro Populo
	Holy Hour 5-6pm St Colman		4pm Hospital Chapel	Lent I
Monday 10 March <i>Adoration 9am – 5pm Lectio Divina 5pm St Colman</i>	12:30pm	Hospital Chapel	Lenten Feria	John Joseph Cummings
Tuesday 11 March	6pm	St Colman	Parish Area Holy Hour and Station Mass	
Wednesday 12 March <i>Bible Study 5-6pm St Colman</i>	7:30am	St Colman	Lenten Feria	Gerald Palmer RIP
Friday 14 March <i>St Paul open 2-3pm Stations of the Cross 6pm St C</i>	6:30pm	St Colman	Lenten Feria LENT FAST DAY	Shirley Myles RIP
Saturday 15 March <i>Reconciliation: 10am, 5:30pm</i>	6pm	St Colman	Lent II	Paul Hill RIP
Sunday 16 March	9:30am	St Colman	Lent II	Mary & Pat Mulherin and Stuart Smeeth RIP
	11:30am	St Paul	Lent II	Pro Populo
	Holy Hour 5-6pm St Colman		4pm Hospital Chapel	Lent II

Enquiries, appointments and hall bookings:

Parish Office opening hours: 9:30am – 1:30pm Monday – Thursday
02392 376151 scsp@portsmouthdiocese.org.uk 07555 182118

Parish Safeguarding Ministers:

Jenny Verheist (St Colman): safeguarding.porsc.sc@portsmouthdiocese.org.uk
Nathaly Speight (St Paul): safeguarding.porsc.sp@portsmouthdiocese.org.uk

Thank you for your donations!

You can donate directly into the parish bank account: CDP P'mouth St Colman: account number 00884554; sort code 30 93 04; reference "offertory donation".
Gift aid: UK taxpayers can give an extra 28p per £1 at no extra cost to you; please direct gift aid enquiries to Jeff Price via the parish office: scsp@portsmouthdiocese.org.uk

Alphas Courses this Spring

- Mondays 7-9pm at St Patrick Hayling Island from 10 March 2025: contact alpha.hayi@portsmouthdiocese.org.uk
- Wednesdays 7-9pm at St Colman Cosham from 19 March 2025: contact alpha@waterlooville-catholic.org.uk

Why not sign up this week for a great opportunity to deepen your faith in Jesus Christ through encounter and dialogue with others?

From Noel Hogg: Food Banks - A reminder!

We continue to support the three Food Banks in Paulsgrove (Paulsgrove Baptists, St Michael's and The Pantry at The Community Centre). There is a box at the back of both churches for your donations of tinned, packeted or dried food (no fresh produce) including toiletries. Perhaps we could all make an extra effort during Lent as part of our fasting and charitable giving?

Sacrament of Reconciliation:

Saturday 10 - 11am at St Colman's Church;
Saturday 5:30pm at St Colman's Church.

Lent in Cosham and Paulsgrove

Sacrament of Reconciliation

available during Lent at St Colman on Saturdays 10-11am and 5-5:30pm

Parish Area Station Masses Tuesdays

6pm Adoration and Reconciliation
7pm Station Mass

Tuesday 11 March at St Colman

Stations of the Cross

Fridays 6pm St Colman

Eucharistic Adoration

Sundays 5-6pm, Mondays 9am-5pm

Lectio Divina

Monday 5pm St Colman

Bible Study

Wednesday 5pm St Colman

Parish Area Lent Book 2025

Father James Lewis recommends Unbound by Neil Lozano, a book about deliverance ministry, on which we will reflect during our Station Masses in Lent: £9.54 from Amazon

Of your charity, please pray:

- For friends and neighbours who are ill or housebound: Kana Blyth, Joe Charlton, Elizabeth Christian, Christine, Anne & Michael Colley, Tommy Cooper, John Cox, Pauline Crook, Moira Cunningham, Julie Fry, Peter Galvin, Jean Gartshore, Bob Guy, Janet, Dawn Marie, Sajimon Mathew, Paula Medd, Bert Needham, Phoenix, Valerie O'Donnell, Maureen Smeeth, Beryl Walters, Pauline Webb, Verena.
- For patients in the Queen Alexandra Hospital and for residents in the care homes and nursing homes in our parish: Kinross, The Haven, Hamilton House, and East Cosham.
- For St Paul's Primary School and Oaklands Catholic School: the staff, governors, children, parents and families.
- For the souls of the faithful departed: may they rest in peace.