

# CHRIST THE KING & ST. COLMAN (Bitterne) OUR LADY OF THE ASSUMPTION (Hedge End) ST. BRIGID (West End)

Catholic Diocese of Portsmouth

Registered Charity number 1199568

Parish Priest: Fr. Elijah Fru Nde (emergency use phone number 0777 466 7010)

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Corpus Christi (Year C, Cycle 1)

22<sup>nd</sup> June 2025

## Reflection from Fr Elijah: God Abides with Us, Through the Holy Eucharist

Today is the solemnity of the Body and Blood of Christ or “Corpus Christi.” Although theologically rooted in the very institution of the Eucharist by Jesus Christ on Holy Thursday, it originated as a liturgical observation in France in the mid-thirteenth century and was extended to the whole Church by Pope Urban IV in 1264. This feast focuses on two manifestations: the Holy Eucharist as the body of Christ and the Church as the body of Christ.

In the study of Human Nutrition: “You are what you eat” and “good food nourishes the body.” While the physical food we eat nourishes the body, spiritual food nourishes our soul, prepares, and preserves it for eternity. The Eucharist, not only makes the soul fit to dwell in a healthy body but also makes it fit to appear before God. In the first reading, God nourished and sustained the Israelites in the desert with manna. In our time, God has given us the Eucharist for our spiritual nourishment. In the second reading, Paul reminds us of the church’s unity through sharing in the one Body and Blood of Christ. At Mass, our attention is called to the Real Presence of Christ in the Eucharist. In today’s gospel, Christ succinctly proclaimed: “I am the living bread ...Whoever eats the body and drinks the blood of the Son of Man will never die.” Hence, the Eucharist sustains our spiritual life, while our human food, like the Manna, sustains our physical and mortal life.

May the Eucharist, which our young ones receive today in their First Holy Communion, bring them all ever closer to Christ and the Church.

## Mass Times and Intentions

### Corpus Christi & 13<sup>th</sup> week in Ordinary Time

Exposition & Rosary at 9.30am before Mass (Tue-Fri). Sacrament of Confession is available on request.

Mass Intentions can be requested through Fr Elijah or the Parish Office.

Date	Times & Location			Mass Intentions & Feasts
Sun 22 <sup>nd</sup> June <i>Corpus Christi</i>	9.15am	OLA	Mass	For our 1 <sup>st</sup> Holy Communion children and their families
	11am	CKSC	Mass	For our 1 <sup>st</sup> Holy Communion children and their families
	5.30pm	SB	Mass	For the repose of the soul of Guido Camilleri, Francis, Anthonia, Doris and Elsie
	6pm	CKSC	Mass (in Polish)	
Tue 24 <sup>th</sup> June	10am	OLA	Mass	For the people
Wed 25 <sup>th</sup> June	10am	SB	Mass	In thanksgiving
Thur 26 <sup>th</sup> June	10am	CKSC	Mass	Alfred Charles Mills
Fri 27 <sup>th</sup> June <i>Sacred Heart of Jesus</i>	10am	OLA	Mass	In thanksgiving
Sat 28 <sup>th</sup> June	10am	CKSC	Mass	For the people
Sun 29 <sup>th</sup> June <i>St Peter &amp; St Paul</i>	9.15am	OLA	Mass	For Christine Palethorpe in celebration of her 70 <sup>th</sup> birthday
	11am	CKSC	Mass	For the people
	5.30pm	SB	Mass	For the people
	6pm	CKSC	Mass (in Polish)	

This Sunday’s readings can be found at <https://universalis.com/europe.english/20250622/mass.htm>

**Second Collection** – 29<sup>th</sup> June – **Peter’s Pence** - financial support offered by the faithful to the Holy Father as a sign of their sharing in the concern of the Successor of Peter for the many different needs of the Universal Church, and for the relief of those most in need

## Events

### Within our Parish

**Revised Pastoral Area:** Until now, the parishes of the city area of Southampton have belonged to two Pastoral Areas (PA): Southampton Central and Southampton East. Southampton Central PA comprises the six parishes of Holy Family, Millbrook, St. Boniface Shirley, St Joseph and St. Edmund in the city centre, St. Vincent de Paul Lordswood, Immaculate Conception Portswood and St. Theresa's Totton. Southampton East PA comprises Our Lady of the Assumption Hedge End, St. Brigid West End, The Annunciation Netley, Christ the King and St. Colman Bitterne and St. Patrick's Woolston. After comments and recommendations from the clergy and parishes concerned and after advice from the Council of Priests and members of the Bishop's Council, I've decided to amalgamate these two PAs into one. The new combined area will be called 'Our Lady Star of the Sea, Southampton' and fall under the direction of Canon Michael Dennehy as Coordinating Pastor. I hope that this will assist the mission across the city area of Southampton.

**Faith on Fire:** Our last session before the summer is on Wednesday 25<sup>th</sup> June from 6.30pm. We will be having a BBQ in for a bit of fun and social time. All young people welcome. For more info message Deirdre 07828810009

**Welcomers for 11am Mass:** Thank you for the wonderful response for new members to join the welcoming team for 11am Mass at CKSC. A new welcomers rota - starting Sunday 6<sup>th</sup> July - is available to pick up at the back of the church. Our heartfelt appreciation and thanks goes out to those stepping down from the welcoming team.

**Make a Joyful Noise!:** HEWEB Churches Together are raising funds for Mountbatten Hampshire & the Food Centre/Pantry Hedge End with local choirs performing. On Sat 28<sup>th</sup> June, at 3pm, St James' Church West End. Free entry, please book at <https://buytickets.at/stjameschurchwestend/1629658> To join the Catholic choir contact Claire on 07910781801.

**HE&WE Parish Donation Day:** Sunday 6<sup>th</sup> July. Next Sunday 29<sup>th</sup> June in Hedge End and West End a speaker will make an appeal on behalf of the Finance Committee for our Parish Donation Day. This is our main Fund-Raising event of the year towards the maintenance and upkeep of our churches in Hedge End and West End. Please be as generous as you possibly can, to help support the present and future of our parish community and its continuing part in the work of the Lord. Envelopes will be given out today and the Sundays following up to Donation Day when they should be returned.

### Within the Diocese and beyond

**CAFOD:** in this Year of Jubilee, Pope Francis calls on us to be tangible signs of hope for those of our sisters and brothers who experience hardships of any kind. Visit [cafod.org.uk/hope](http://cafod.org.uk/hope) to pledge a monthly gift to CAFOD this Holy Year and support communities around the world experiencing the challenges of poverty, injustice, conflict and climate change.



## Recurring Events

### *Our Lady of the Assumption – Hedge End*

- Tea, coffee, biscuits & friendly chat in the hall every Sunday after Holy Mass
- Children's liturgy during Mass every 3<sup>rd</sup> Sunday of the month

- Carers Group on third Wednesday of every month from 7.00pm to 8.30pm
- Growing in Faith every Tuesday evening 7:30-9pm
- Table tennis every Tuesday from 9.30am to 12pm
- Open Church every Thursday from 10am-12pm

### *Christ the King & St Colman – Bitterne*

- Prayer group every Thursday 10.30am-12 noon
- Children's liturgy for 4 to 7-year-olds every Sunday during term time

- Tea, coffee, biscuits & friendly chat in the hall after Holy Mass every 1<sup>st</sup> Sunday of the month
- Choir practice in hall - 7:30pm on 2<sup>nd</sup> & 4<sup>th</sup> Friday each month. All welcome.

### *St Brigid – West End*

- Tea, coffee & cake every 2<sup>nd</sup> Sunday of the month after Mass

## Continuing to Support the Church

Please consider setting up a **standing order**.

### For Christ the King & St Colman:

**Account Name:** CDP Christ the King & St Colman  
**Sort code:** 30-93-04  
**Account Number:** 00887553

### For Our Lady of the Assumption and St Brigid:

**Account Name:** CDP Hedge End Our Lady  
**Sort code:** 30-93-04  
**Account Number:** 00879747

Please mention which fund you are donating to as a reference.  
Make out cheques for Fr Elijah to Rev Fru N Elijah  
Thank you for your support